



Live, love and learn in the light of Christ.  
 St Francis of Assisi Church of England Primary School  
 PSHE Implementation

Early Years	Key Stage 1 (What and Who Questions)		Key Stage 2 (Why and How Questions)			
Foundation	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
PSHE is covered through the curriculum strands of:  -Personal, Social & Emotional Development  -People & Communities  -The World  -Speaking  -Health & Self-Care.  ----- Road Safety ----- Growth Mindset block	What is the same and different about us?  Who is special to us?  What helps us to stay healthy?  What can we do with money?  Who helps to keep us safe?  How can we look after each other and the world?  ----- ----- ----- KS 1 Christian values; Love & Sex Matters- Lesson 1; Loving me  Lesson 2; Loving you Lesson 3; Our wonderful bodies  ----- ----- GrowthMindset block	What makes a good friend?  What is bullying?  What jobs do people do?  What helps us to stay safe?  What helps us grow and stay healthy?  How do we recognise our feelings?  ----- ----- ----- KS 1 Christian values; Love & Sex Matters- Lesson 4; How our bodies are different Lesson 5; My family-those that care for me Lesson 6; How we love & care for ourselves Lesson 7; How we love & care for our friends  ----- ----- Growth Mindset block	How can we be a good friend?  What keeps us safe?  What are families like?  What makes a community?  Why should we eat well and look after our teeth?  Why should we keep active and sleep well?  ----- ----- ----- Pedestrian Training Level 1  ----- ----- KS 2 Christian values; Love & Sex Matters- Lesson 1; Making Me  Lesson 2; My world, your world  ----- ----- Growth Mindset block	What strengths, skills and interests do we have?  How do we treat each other with respect?  How can we manage our feelings?  How will we grow and change?  How can our choices make a difference to others and the environment?  How can we manage risk in different places?  ----- ----- ----- Pedestrian Training Level 2 Swimming  ----- ----- KS 2 Christian values; Love & Sex Matters- Lesson 3; Changing bodies  ----- ----- Growth Mindset block	What makes up a person's identity?  What decisions can people make with money?  How can we help in an accident or emergency?  How can friends communicate safely?  How can drugs common to everyday life affect health?  What jobs would we like?  ----- ----- ----- Cycle Training Level 1  ----- ----- ----- KS 2 Christian values; Love & Sex Matters- Lesson 4; Firm foundations  Lesson 5; Marriage  ----- ----- Growth Mindset block	How can we keep healthy as we grow?  How can the media influence people?  What will change as we become more independent?  How do friendships change and grow?  ----- ----- ----- Cycle Training Level 2  ----- ----- ----- KS 2 Christian values; Love & Sex Matters- Lesson 6; Great expectations?  Lesson 7; In need of restoration?  ----- ----- Lesson 8; Summary activities  ----- ----- Growth Mindset block
LISTED BELOW ARE THE PROGRAMME OF STUDY REFERENCES (IMPLEMENTATION) FOR HEALTH & WELLBEING (STATUTORY) / RELATIONSHIPS (STATUTORY) THESE TWO AREAS ARE PRIORITY / LIVING IN THE WIDER WORLD (NON-STATUTORY BUT VITALLY IMPORTANT TO A CHILD'S PERSONAL DEVELOPMENT & ECONOMIC WELLBEING) THIS AREA IS LESS PRIORITY						



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EYFS	Y1	Y2	Y3	Y4	Y5	Y6
<p>PSHE is facilitated in EYFS through:</p> <p>-In the Moment Planning (for each individual child)</p> <p>-Circle Times</p> <p>-Talk Times</p> <p>-Relaxation Times</p> <p>-Worry Monster</p> <p>-Kindness Tree</p> <p>-Reflection Areas</p> <p>-Worship</p> <p>-Class Discussions</p> <p>-Playing in the indoor and outdoor provision with peers and adults</p>	<p><b>Learning Opportunities:</b>          Autumn 1 What is the same and different about us?          Relationships- Ourselves and others; similarities and differences; individuality; our bodies          PoS refs: H21, H22, H23, H25, R13, R23, L6, L14</p> <p>Autumn 2 Who is special to us?          Relationships- Ourselves and others; people who care for us; groups we belong to; families          PoS refs: L4, R1, R2, R3, R4, R5</p> <p>Spring 1 What helps us stay healthy?          Health and wellbeing- Being healthy; hygiene; medicines; people who help us with health          PoS refs: H1, H5, H6, H7, H10, H39</p> <p>Spring 2 What can we do with money?          Living in the wider world- Money; making choices; needs and wants          PoS refs: L10, L11, L12, L13</p> <p>Summer 1 Who helps to keep us safe?          Health and wellbeing- Keeping safe; people who help us          PoS refs: H33, H35, H36, R15, R20, L5</p> <p>Summer 2 How can we look after each other and the world?          Living in the wider world- Ourselves and others; the world around us; caring for others; growing and changing          PoS refs: H26, H27, R21, R22, R24, R25, L2, L3</p>	<p><b>Learning Opportunities:</b>          Autumn 1 What makes a good friend?          Relationships- Friendship; feeling lonely; managing arguments          PoS refs: R6, R7, R8, R9, R25</p> <p>Autumn 2 What is bullying?          Relationships- Behaviour; bullying; words and actions; respect for others          PoS refs: R10, R11, R12, R16, R17, R21, R22, R24, R25</p> <p>Spring 1 What jobs do people do?          Living in the wider world- People and jobs; money; role of the internet          PoS refs: L15, L16, L17, L7, L8</p> <p>Spring 2 What helps us to stay safe?          Health and wellbeing- Keeping safe; recognising risk; rules          PoS refs: H28, H29, H30, H31, H32, H34, R14, R16, R18, R19, R20, L1, L9</p> <p>Summer 1 What can help us grow and stay healthy?          Health and wellbeing- Being healthy: eating, drinking, playing and sleeping          PoS refs: H1, H2, H3, H4, H8, H9</p> <p>Summer 2 How do we recognise our feelings?          Health and wellbeing- Feelings; mood; times of change; loss and bereavement; growing up          PoS refs: H11, H12, H13, H14, H15, H16, H17, H18, H19, H20, H27</p>	<p><b>Learning Opportunities:</b>          Autumn 1 How can we be a good friend?          Relationships- Friendship; making positive friendships, managing loneliness, dealing with arguments          PoS refs: R10, R11, R13, R14, R17, R18</p> <p>Autumn 2 What keeps us safe?          Health and wellbeing- Keeping safe; at home and school; our bodies; hygiene; medicines and household products          PoS refs: H9, H10, H26, H39, H30, H40, H42, H43, H44, R25, R26, R28, R29</p> <p>Spring 1 What are families like?          Relationships- Families; family life; caring for each other          PoS refs: R5, R6, R7, R8, R9</p> <p>Spring 2 What makes a community?          Living in the wider world- Community; belonging to groups; similarities and differences; respect for others          PoS refs: R32, R33, L6, L7, L8</p> <p>Summer 1 Why should we eat well and look after our teeth?          Health and wellbeing- Being healthy: eating well, dental care          PoS refs: H1, H2, H3, H4, H5, H6, H11, H14</p>	<p><b>Learning Opportunities:</b>          Autumn 1 What strengths, skills and interests do we have?          Health and wellbeing- Self-esteem: self-worth; personal qualities; goal setting; managing setbacks          PoS refs: H27, H28, H29, L25</p> <p>Autumn 2 How do we treat each other with respect?          Relationships- Respect for self and others; courteous behaviour; safety; human rights          PoS refs: R19, R20, R21, R22, R25, R27, R29, R30, R31, H45, L2, L3, L10</p> <p>Spring 1 How can we manage our feelings?          Health and wellbeing- Feelings and emotions; expression of feelings; behaviour          PoS refs: H17, H18, H19, H20, H23</p> <p>Spring 2 How will we grow and change?          Health and wellbeing- Growing and changing; puberty          PoS refs: H31, H32, H34</p> <p>Summer 1 How can our choices make a difference to others and the environment?          Living in the wider world- Caring for others; the environment; people and animals; shared responsibilities, making choices and decisions          PoS refs: L4, L5, L19, R34</p>	<p><b>Learning Opportunities:</b>          Autumn 1 What makes up a person's identity?          Health and wellbeing- Identity; personal attributes and qualities; similarities and differences; individuality; stereotypes          PoS refs: H25, H26, H27, R32, L9</p> <p>Autumn 2 What decisions can people make with money?          Living in the wider world- Money; making decisions; spending and saving          PoS refs: R34, L17, L18, L20, L21, L22, L24</p> <p>Spring 1 How can we help in an accident or emergency?          Health and wellbeing- Basic first aid, accidents, dealing with emergencies          PoS refs: H43, H44</p> <p>Spring 2 How can friends communicate safely?          Relationships- Friendships; relationships; becoming independent; online safety          PoS refs: R1, R18, R24, R26, R29, L11, L15</p> <p>Summer 1 How can drugs common to everyday life affect health?          Health and wellbeing- Drugs, alcohol and tobacco; healthy habits          PoS refs: H1, H3, H4, H46, H47, H48, H50</p> <p>Summer 2 What jobs would we like?          Living in the wider world- Careers; aspirations; role models; the future</p>	<p><b>Learning Opportunities:</b>          Autumn 1 &amp; 2 How can we keep healthy as we grow?          Health and wellbeing- Looking after ourselves; growing up; becoming independent; taking more responsibility          PoS refs: H1, H2, H3, H4, H5, H6, H7, H8, H11, H12, H13, H14, H15, H16, H21, H22, H40, H46, R10</p> <p>Spring 1 &amp; 2 How can the media influence people?          Living in the wider world- Media literacy and digital resilience; influences and decision-making; online safety          PoS refs: H49, R34, L11, L12, L13, L14, L15, L16, L23</p> <p>Summer 1 &amp; 2 What will change as we become more independent?          &amp; How do friendships change and grow?          Relationships- Different relationships, changing and growing, adulthood, independence, moving to secondary school          PoS refs: H24, H30, H33, H34, H35, H36, R2, R3, R4, R5, R6, R16</p>



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			Summer 2 Why should we keep active and sleep well? Health and wellbeing- Being healthy: keeping active, taking rest PoS refs: H1, H2, H3, H4, H7, H8, H13, H14	Summer 2 How can we manage risk in different places? Health and wellbeing- Keeping safe; out and about; recognising and managing risk PoS refs: H12, H37, H38, H41, H42, H47, R12, R15, R23, R24, R28, R29, L1, L5, L15	PoS refs: L26, L27, L28, L29, L30, L31, L32	
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