

Word walking games

Play I spy/alphabet game as you go for your walk, go through the alphabet saying things you can see, A for Ant, B for Bench. See if you can get to the end of the alphabet by the end of your walk. Make a story about what you find along the way. You could also make a story from the wildlife and nature you see along the way. Describe what you see... a branch might be a squirrel highway, create synonyms for the things.



Read a book to a member of your family or a friend. If you can't be them, you could read to them over the phone or online.



Nature Journal

Have you got any birds or other wildlife living in your garden?

Start a journal and record your wildlife sightings. Draw pictures of the plants and animals you see, label them with information that you gather. Write about when and where you find them and if it is a bird or animal talk about its behaviour.



Nature Art

Create a masterpiece, using what you can find that is natural. Write your name, create a dragon, a spider, a unicorn or even a portrait of someone and send them a photo.



Rock Painting

You may have come across this one already, but it goes without saying it is a fabulous idea. The possibilities are endless, grab some pens or some paint and find a few rocks or pebbles. If they are going to be put outside you may need to invest in some varnish to protect the paint/pen. You could add a positive message to spread joy and happiness.



Bake a sweet treat for yourself or to share with someone you love.

