

Steps to take if your child has any symptoms of COVID:

1. Get a **PCR test** (test that is sent to a lab) to check if they have COVID-19 as soon as possible.
2. Your child should stay at home and not have visitors (self-isolate) until you get the test result – they can only leave home to have the test.

IMPORTANT INFORMATION—A lateral flow test is not a substitute for a PCR test. You may be using these if another member of the family has tested positive but any symptoms means that a PCR test should be booked.

The main symptoms of COVID-19 in children are:

- a high temperature
- a new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to sense of smell or taste – this means they cannot smell or taste anything, or things smell or taste different to normal

If your child has any of these symptoms and you have notified us of this in an absence call or has been sent home with one of these symptoms, we would highly recommend that a PCR test is carried out before your child returns to school.

If a member of your family has tested positive, your child does not need to self-isolate but must go for a PCR test.